



Diwali

Diwali, celebrated on Saturday 14th November this year, is one of the biggest events in the Hindu calendar. Marked with lamp-lighting, fireworks and feasts, this five-day festival commemorates the triumph of light over darkness, and good over evil. It is a bright and colourful celebration children will love.

It is based on a story about Ramu and Sita, this is a lovely version and also shows how Hindus prepare and celebrate this festival.

<https://www.bbc.co.uk/cbeebies/watch/lets-celebrate-diwali?collection=lets-celebrate-celebrations>

Things you might like to try

- Research the story behind Diwali and share this with the children during story time
- Create Divas or candle holders with the children using clay, salt dough or playdough. Let the diva dry out first then decorate with paint and glitter.
- Dress up in your `best` clothes, authentic clothing for this celebration are sareers for girls and Kurta for boys, you could search the internet to look for these.
- Decorate Rangoli patterns
- Make Diwali cards
- Try some Indian foods
- Make Indian sweet to give as gifts, here is a recipe to try
<https://www.spiceupthecurry.com/coconut-burfi-recipe/>

There are lots of Diwali story ideas here too

<https://www.twinkl.co.uk/resources/early-years-understanding-the-world/early-years-festivals-and-cultural-celebrations/early-years-diwali>

Find out about other Hindu festivals throughout the year here

<http://www.primaryhomeworkhelp.co.uk/religion/hindufestivals.htm>

Have a super week, enjoy these ideas!

