

# P.E.



## Class 1

<https://real.jasmineactive.com/login>

Username: Class1

Password: stand8029

## Class 2

<https://real.jasmineactive.com/login>

Username: Class2

Password: frog6787

- Use the log in for your class and choose the theme Tightrope - there are lots of activities you can pick from to do over the course of this half term.
- Have fun walking on a tightrope and practising your balancing!
- We would love to see you doing your PE.
- **REMEMBER** - see Class Dojo for Mr Danby's PE challenges

## Music & Movement



- Join in with the stories and songs on Listen and Play - Scrumptious sandwiches and delicious drinks

<https://www.bbc.co.uk/teach/school-radio/eyfs-listen-and-play-scrumptious-sandwiches-and-delicious-drinks/zfwwcqt>

- Join in with Cosmic Kids - Room on a Broom
- <https://cosmickids.com/video/4898/>
- Join in with Move and Freeze
- [Brain Breaks - Action Songs for Children - Move and Freeze - Kids Songs by The Learning Station - YouTube](#)



## Activities

- Watch Kit and Pup find out about pushing and pulling

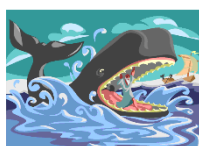
<https://www.bbc.co.uk/iplayer/episode/b0bcv1vd/kit-pup-series-1-11-push-and-pull>

What things do you need to 'push' or 'pull' at home? Draw a picture to show what you have found out.

- Learn about being healthy and the importance of a healthy diet.

<https://classroom.thenational.academy/lessons/to-identify-foods-that-are-healthy-and-foods-that-are-not-healthy-64wk0d>

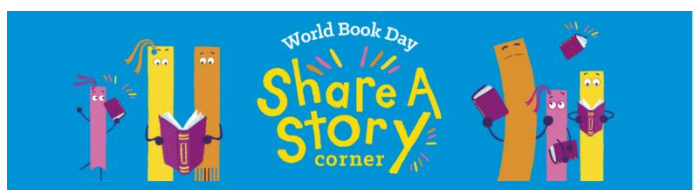
Watch Mr Tumble - Let's Eat [Mr Tumble's 'Let's Eat!' Compilation | +17 Minutes](#)



Our Bible story this week is 'Jonah and the Whale'. Have look at the PowerPoint story on the website. What do you think is the meaning of the story?

There are more stories for you to listen to on CBeebies and Class Dojo.

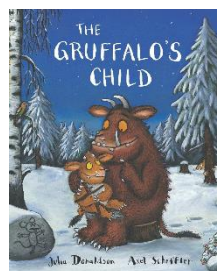
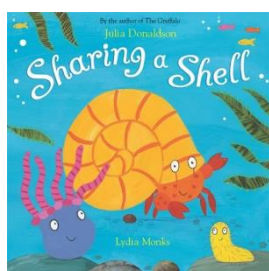
Have a look at the 'World Book Day Share a Story' website. There are lots of lovely stories to listen to.



<https://www.worldbookday.com/share-a-story-corner/>

You could even dress up to read your favourite story and send us a picture.

Mrs Dixon reads 'Sharing a Shell' and "The Gruffalo's Child"



*If you want more activities to do at home, look further down the Home Learning page of the website to see ideas from last lockdown. There are also lots of programs on CBBC/CBeebies you can use to support learning at home.*

Please remember that children learn lots through play, especially if you can play alongside and/or with them. They will love you reading to them, playing games with them and exploring the outdoors with them.

Reception aged children learn best when they only have to focus for a short period of time e.g. between 5-15 minutes. It is OK for them to have regular play breaks. It is better to stop an activity if it isn't going well and go back to it later rather than battling on and getting stressed.

We appreciate all you are doing at home, remember to get in touch on Class Dojo if you have any questions and to show the good work your child is doing at home.

**Mrs Bairstow, Mrs Jaconelli & Mrs Dixon**