











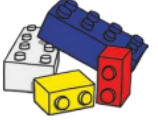


My Daily Timetable

<p>AM - 1</p>	<p>Reading with an adult – 10 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Reading</p>  </div>	<p>Spelling shed/phonics – 10 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Phonics</p>  </div>	<p>Reward time – 20 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;">  <p>toys</p> </div>	<p>Handwriting or Fine motor skills – 10 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Handwriting</p>  <p>(OR IEP target work)</p> </div>
<div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Break Time</p>  </div>				
<p>AM – 2</p>	<p>Times tables rockstars – 10 minutes</p> 	<p>Arithmetic – 10 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Mental Maths</p>  </div>	<p>Reward time – 20 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;">  <p>toys</p> </div>	<p>Number Practice – 10 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Number Work</p> <p>1 2 3</p> <p>(OR IEP target work)</p> </div>
<div style="border: 1px solid cyan; padding: 5px; text-align: center;">  <p>lunch</p> </div>				
<p>PM- 1</p>	<p>Exercise – Daily mile – 30 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Outdoor Activity</p>  </div>	<p>Creative time – Drawing/ painting/ constructing – 30 mins</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Creative Curriculum</p>  </div>	<p>Story time – online or with a parent 10 minutes</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;">  <p>story</p> </div>	<p>Chill out!</p> <div style="border: 1px solid cyan; padding: 5px; text-align: center;"> <p>Construction</p>  </div>