

Learning Objectives:

Identify what I am looking forward to and what worries me about the transition to secondary school.

Know how to prepare myself emotionally for starting secondary school.

Vocabulary

Transition

Secondary

Looking forward

Journey

Worries

Anxiety

Hopes

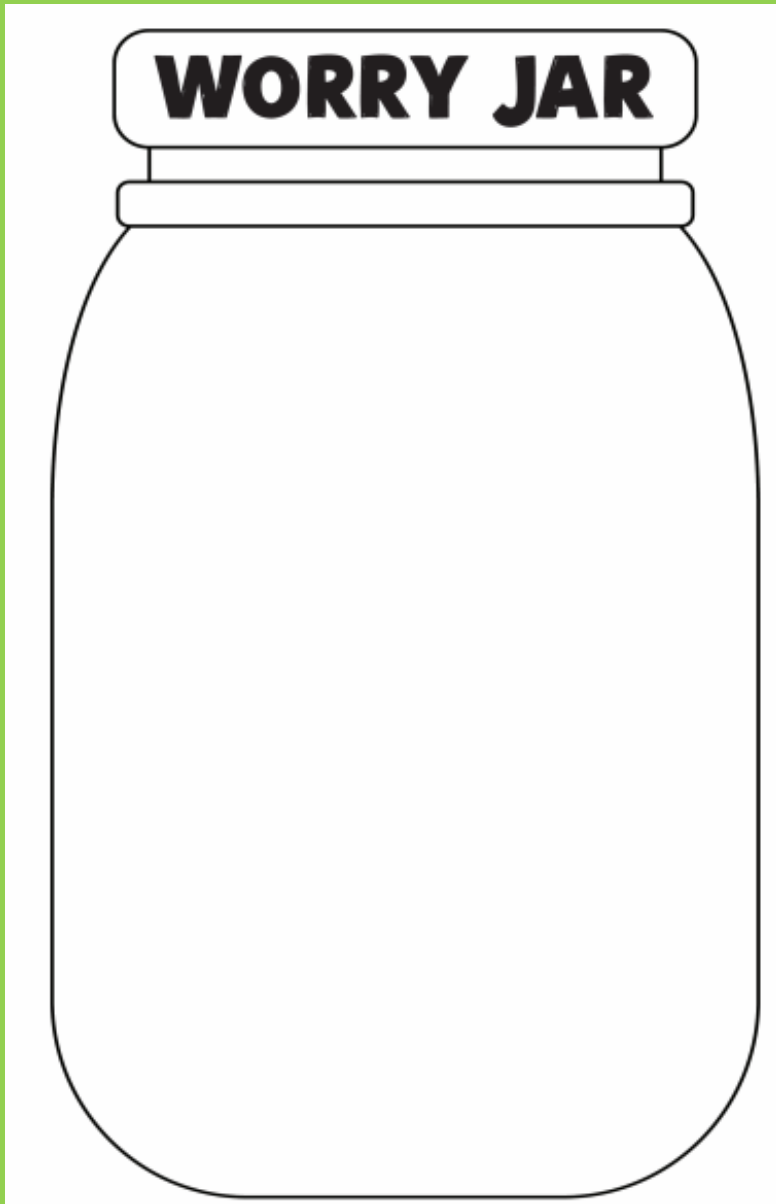
Excitement

Transition

*the process or a period of
changing*



What fears or worries about secondary school might be holding someone back?



Bin the worry

Write any worries that you have about secondary school inside the jar. You can print this out or draw your own.

You may want to talk these worries through with a friend or an adult to see if they can help you with a solution to your worry.

Or, after you have watched the videos on the next slide, you may be able to come to a solution yourself.

As you think of a solution to each worry, cross it out. When all your worries have been talked through, you can scrunch the worry jar up and throw it in the recycle bin.

Watch these short videos:

- <https://www.bbc.co.uk/bitesize/articles/zmgkf4j>
- <https://www.bbc.co.uk/bitesize/articles/z7b9scw>
- <https://www.bbc.co.uk/bitesize/articles/zbq6kmn>
- <https://www.bbc.co.uk/bitesize/articles/z7yrhbk>
- <https://www.bbc.co.uk/bitesize/articles/znkqgwx>
- <https://www.bbc.co.uk/bitesize/articles/znhf7nb>

Answer these questions:

What 3 things are you most looking forward to about secondary school?

What 3 things are you going to do to prepare for secondary school?

After today's lesson, what 3 pieces of advice would you give to someone starting secondary school?



Read through the Y6 Transition booklet and complete the activities. If you can't print the booklet out, record the activities on some paper. Make sure you have a go at the activity on page 3-explore your secondary school's website to answer the questions.